

## SUICIDE & CRISIS RESOURCES

***\*If you are experiencing a life-threatening mental health crisis, call 911\****

**Crawford County Health & Human Services ..... (608) 326-0248**

If you are experiencing a mental health emergency contact Northwest Connections at 1-888-552-6642.

**National Suicide Prevention Lifeline ..... 988**

[www.suicidepreventionlifeline.org](http://www.suicidepreventionlifeline.org)

24/7, free and confidential support for people in distress, prevention and crisis resources for you or your loved ones, and best practices for professionals.

**Text “HOPELINE” to 741741**

Serves anyone, in any type of crisis, providing access to free, 24/7 support and information via a medium people already use and trust: text.

**Solstice Warmline..... (608) 422-2383**

The Warmline is a non-clinical, non-emergency service staffed by certified peer specialists; a program of the Solstice House. Available in the evening hours only.

**Veterans Crisis Line..... 988 and Press 1 or text 838255**

Qualified VA responders standing by to help 24 hours a day, 7 days a week.

**TrevorLifeLine: ..... 1-866-488-7386 or text “START” to 678678**

A crisis intervention and suicide prevention phone service for LGBTQ young people available 24/7.

Text service is available Monday through Friday, between 2pm – 9pm.

**Crawford County Health & Human Services ..... (608) 326-0248**

If you are experiencing a mental health emergency contact Northwest Connections at 1-888-552-6642.

**Gundersen Inpatient Behavioral Health Unit ..... (608) 775-3523 or 1 (800) 362-9567**

A 30-bed facility that provides acute mental health services.

## COUNSELING AND MENTAL HEALTH FACILITIES

**Crawford County Health & Human Services..... (608) 326-0248**

Children and adult counseling, adult psychiatry, and In-home family counseling.

**Mayo Clinic Health System- Prairie du Chien..... (608) 326-0808**

Full range of mental health and addiction services for children, adolescents and adults.

**Gundersen Behavioral Health- Prairie du Chien ..... (608) 326-3380**

**Viroqua..... (608) 637-3195**

Full range of mental health and addiction services for children, adolescents, and adults.

Specialty services are available for eating disorders, sexual abuse and assault victims, and crime victims.

**Boscobel..... (608) 375-4144**

Offers behavioral counseling services in collaboration with Gundersen primary care provider in the Family Medicine Clinic. Primary care provider provides a referral for these services.

**Crossing Rivers Behavioral Health – Prairie du Chien & Fennimore..... (608) 357-2525**

TeleHealth Psychiatric Services

**Katrina M. Johnson, LCSW, CTRS – Soldiers Grove..... (608) 553-0279**

Individual, Families, Couples, Veterans & children 4yo and older; Methods: Forgiveness Therapy, Strength Based Therapy, AODA Prevention, Cognitive Behavioral Therapy (CBT), CBT-Insomnia

**Family and Children’s Center -Viroqua..... (608) 637-7052**

Full range of mental health services to children, adults and families.

[www.fcconline.org](http://www.fcconline.org)

**Viroqua Counseling and Health Center – Viroqua ..... (608) 637-2511**

[www.viroquacounselingandhealthcenter.com](http://www.viroquacounselingandhealthcenter.com)

Private counseling center providing counseling, psychological, and medical to individuals, couples and families. Our goal is to facilitate care and healing in a positive and caring environment created for individual attention.

**Stonehouse, Viroqua..... (608) 638-3332**

Provides individuals, children, couples, and families with a safe, supportive environment from which to learn coping strategies and the tools to build healthy relationships.

**Hirsch Clinic, Viroqua..... (608) 637-3174**

Behavior health services available.

**Rebecca Miller, LLC – Boscobel..... (608) 391-2436**

Client-centered mental health care to individuals as young as 6 years old.

**Ashley Hady, LLC – Boscobel..... (608) 391-2434**

Provide outpatient mental health care to patients 16 years and older.

**Pauquette Center – Richland Center..... (608) 742-4087**

[pauquette.com/locations/richland-center/](http://pauquette.com/locations/richland-center/)

Provide services for depression, anxiety, addiction, and so much more to youth and adults.

**Northeast Iowa Behavioral Health..... 1 (800) 400-8923**

[www.neibh.org](http://www.neibh.org)

Offers immediate crisis counseling and ongoing individual & group counseling for any mental health or substance abuse issue at the following locations: Decorah, Oelwein, Waukon, Elkader, Cresco, Guttenburg, West Union.

## SUPPORT SERVICES FOR MENTAL HEALTH

**NAMI-Southwest Wisconsin, Boscobel..... (608) 485-3211**

[southwesternwi.wix.com/nami](http://southwesternwi.wix.com/nami)

Provides free support groups for people living with mental illness and their loved ones. All support groups are led by people living well in recovery or are family members who have been trained to meet NAMI’s standards.

- Support Group for those with mental illness is held on the 1<sup>st</sup> and 3<sup>rd</sup> Thursday of every month at 7 p.m.
- Support Group for family members/friends is held on the 2<sup>nd</sup> and 4<sup>th</sup> Thursday of every month at 7 p.m.
- Location: St. John’s Lutheran Church, 208 Mary Street, Boscobel, WI