Let's work together to keep our community safe.

Although the risk of novel coronavirus (COVID-19) is still low for most people, those who have traveled to a place with widespread transmission are at a higher risk. Locations of concern include:

- China
- South Korea
- Iran
- Japan
- Any cruise ships
- Europe
- The states of Washington, New York, and California.


If you have returned or will soon return from one of these places, or think you were exposed to COVID-19, the Crawford County Health Department is asking you to take the following steps.

How to be S.A.F.E. when you come back

1. S is for STAY Home
   For two weeks after your trip, stay home from work/school. Do not visit people who are elderly or have a weak immune system.

2. A is for ASSESS Your Health
   For those two weeks, assess your health by watching for these signs/symptoms:
   - Fever (100.4°F/38°C or higher)
   - Cough
   - Tiredness
   Less common:
   - Sore throat
   - Difficulty breathing

3. F is for FOLLOW-UP with Us
   Share your travel history with us.

4. E is for ENSURE Public Health
   Ensure others stay healthy by helping us prevent the spread of illness.
   - Wash hands often.
   - Cough/sneeze into your elbow.
   - Don't touch your eyes, nose, or mouth.
   - Clean objects and surfaces often.
   - Contact your health care provider with questions.

What should you do if you get symptoms?

- CALL YOUR HEALTH CARE PROVIDER BEFORE YOU GO IN

How to learn more:

www.cdc.gov/COVID19

Have questions?
Ask us at:
(608) 326-0229