



COMMUNITY RESOURCE GUIDE



CRAWFORD COUNTY

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GENERAL INFORMATION

A variety of community resources are available throughout Crawford County. Crawford County Public Health and Healthy Roots mission is to provide Crawford County with accessible, comprehensive, and up-to-date resources.

Great Rivers 211- provides free, confidential community information, referrals and crisis line services 24 hours a day. Dial 2-1-1 or (800) 362-8255 throughout the Tri-State region -Wisconsin, Iowa and Minnesota.

MCH Hotline- 1-800-722-2295 Twenty-four hours/day, 7 days/week

The Wisconsin Maternal And Child Health (MCH) Hotline provides information and links to services and resources for women before, during, and after pregnancy and for children including children with special health care needs. The hotline also serves professionals who are seeking referrals for their clients.

Wisconsin First Step- 1- 800-642-7837. Wisconsin First Step is a statewide Information and Referral (I&R) hotline that serves families with children and youth who have special needs. The line is operational 24 hours/day, 7 days a week. Parent Specialists, who have disability expertise and a child with a special need, answer the line, Monday through Friday 8 a.m. to 4 p.m.

Crawford County Government Directory

<http://www.crawfordcountywi.org/CountyDirectory.pdf>

IMPORTANT NUMBERS

| | |
|----------------------------------------------------------------------------------------------------|------------------------------|
| Law Enforcement, Fire, and Medical Emergencies..... | 911 |
| Crawford County Sheriff..... | 608-326-0241 or 608-326-8414 |
| Prairie du Chien Police..... | 608-326-2421(Dispatch) |
| www.cityofpdc.com | |
| Poison Control Center..... | 1-800-222-1222 |
| Crawford County Health & Human Services | (608) 326-0248 |
| If you are experiencing a mental health emergency contact Northwest Connections at 1-888-552-6642. | |

ALCOHOL AND DRUG ABUSE SERVICES

| | |
|------------------------------------------------------------------------------------------------------------|----------------|
| Crawford County Human Services..... | 608-326-0248 |
| Mayo Clinic Behavioral Health Services- Prairie du Chien..... | 608-326-0808 |
| Gundersen Lutheran AODA Counselors Prairie du Chien | 608-326-5380 |
| Gundersen Lutheran AODA Counselors (Boscobel) | 608-375-4144 |
| Alcoholics Anonymous..... | 608-326-0808 |
| Alateen | 608-326-0808 |
| Southwest Wisconsin AA Meeting List https://aamadisonwi.org/ | 1-608-222-8989 |
| Substance Abuse Services for Clayton County, Inc. www.sas4cc.com | 1-563-245-1546 |
| Wisconsin Tobacco Quitline | 1-800-QUIT-NOW |
| For support and referral when you're ready to quit smoking. | |

CHILD CARE INFORMATION

Crawford County Health & Human Services.....608-326-0248

- Wisconsin Shares Child Care Subsidy– helps families pay for childcare.
- Certification, technical assistance, and information on start-up funding for Providers.

Family Connections of Southwest Wisconsin.....1-800-267-1018

Family Connections is a non-profit organization that providing a number of services to families, child care providers, and local communities in and around Southwestern Wisconsin. Family Connections is a trusted resource that helps to prepare, educate, and support families, childcare providers, and the public.

Find Child Care

<http://childcarefinder.wisconsin.gov/Search/Search.aspx?type=b&YoungStarProviders=true>

CHILD WELFARE, FOSTER CARE & KINSHIP CARE

CHILD WELFARE

Child Abuse and Neglect

Crawford County Human Services.....608-326-0248
Monday-Friday 8:00am- 4:30 pm

Crawford County Sheriff Department.....608-326-8414
Contact after 4:30 pm and weekends

FOSTER CARE SERVICES

Crawford County Health & Human Services.....608-326-0248

KINSHIP CARE

Crawford County Health & Human Services.....608-326-0248

Financial assistance for adults caring for minor relatives.

PALS MENTORING PROGRAM OF CRAWFORD COUNTY

(PALS) Mentoring Program of Crawford County (P)eople (A)ctively (L)inked with (S)tudents) ...608-326-0217

is a program designed to help at-risk children develop personally and academically through a supportive, one-on-one, mentoring relationship. PALS has two components: school-based and community-based. High school students who serve as positive role models to younger, at-risk children comprise the school-based portion. PALS is offered in the North Crawford, Prairie du Chien, Seneca, and Wauzeka-Steuben School Districts; Big PALS meet on a weekly basis with their Little PALS with whom they are matched. The community-based portion provides volunteer opportunities for caring adults who commit to mentoring needy youth for a minimum of one year. Background checks for mentors is a mandatory requirement.

CHILD SUPPORT

The Wisconsin Child Support Program helps parents get court orders for financial and medical support for their children. It also enforces those orders when needed, and makes sure that all money collected is paid out correctly.
<http://dcf.wisconsin.gov/bcs/>

Crawford County Child Support Agency 608- 326-0218
225 N. Beaumont Rd. Suite 318 Prairie du Chien 53821

DEMENTIA SERVICES

Alzheimer's & Dementia Alliance of Wisconsin www.alzwissc.org608-232-3400 or 888-308-6251

- The Alzheimer's Association offers 24/7 Helpline. Phone 1-800-272-3900 for help. To find further help and support, learn about Alzheimer's and Dementia, or get involved please go to alz.org
- **Heather Moore**, Dementia Outreach Specialist, Alzheimer's & Dementia Alliance of Wisconsin, Crawford/Grant/Iowa/Lafayette, 608-723-4288, heather.moore@alzwissc.org;
- The Alzheimer's & Dementia Alliance of Wisconsin is a nonprofit organization dedicated to improving the lives of persons with Alzheimer's disease or related dementias and their families. The Alliance is a guide to those coping with this disease as they learn about options and begin to plan for the future. Contact us for help and support. We are your partner along the journey.
- Programs and services include information and assistance, early stage support and education programs, early stage social & creative enrichment programs, family caregiver support groups, family caregiver education, care consultants, community education, conferences, professional education, advocacy, fundraising and awareness events.
- **Memory Cafe** ~ Third Tuesday of each month from 10:00-11:30 a.m. at Hoffman Hall, 1600 S. Wacouta, Prairie du Chien. Drop in and join the fun and conversation in a relaxed environment for those with mild memory loss, mild cognitive impairment or early Alzheimer's/dementia. Family members and friends are welcome. If you require help to participate, please bring someone with you. Contact Heather Moore, Dementia outreach Specialist 608-723-4288 or heather.moore@alzwis.org
- **Caregiver Support Group**: 4th Tuesday of each month from 10:00-11:30 a.m. at Hoffman Hall, 1600 S. Wacouta, Prairie du Chien. At support groups, family care partners come together to share information, experiences and support. Groups facilitated by skilled volunteers meet at various times throughout south central Wisconsin. Contact Heather Moore, Dementia outreach Specialist 608-723-4288 or heather.moore@alzwis.org

ADRC of Eagle County, Dementia Care Specialist

- **Pam Kul-Berg, MA**, Dementia Care Specialist, ADRC of Eagle County, 194 N. Main Street, Suite A, Richland Center, WI 53581; Phone: 608-548-3954
- The Dementia Care Specialist (DCS) is a person employed by the Aging & Disability Resource Center (ADRC) who is responsible for assisting individuals and families living with dementia to continue to be active in their community and remain in their homes for as long as they are able.
- The Dementia Care Specialist can help with the following: Memory Screens; Planning for their future by providing information on what to expect, decisions they may want to consider in advance and resources available; Train and inform local businesses interest in learning how to best serve customers and employees who are experiencing memory loss; Provide education to local service and civic groups about the impact of dementia.

DOMESTIC VIOLENCE

| | |
|--------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------|
| National Domestic Violence Hotline | 1-800-799-SAFE (7233) |
| National Sexual Assault Hotline..... | 1-800-656-HOPE (4673) |
| On-call Victim Advocate | 1-800-236-HEAL (4325) |
| Crawford County Victim/Witness Coordinator | 608-326-0299 |
| Passages (Richland Center, WI)..... | 1-800-236-HEAL (4325); 608-604-3434 (non-emergencies) 24-hour crisis line. Domestic abuse shelter, crisis help line and counseling. |
| New Horizons Shelter, La Crosse, WI | 608-791-2600 24-hour crisis line, collect calls accepted |

EDUCATION PROGRAMS AND INFORMATION

EARLY CHILDHOOD PROGRAMS

| | |
|------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------|
| Head Start – Prairie du Chien Center www.headstartcouleeregion.com | 608-326-6606 Serves low income pre-school children, including children with disabilities and their families |
| Grace Lutheran Preschool, www.gracepc.net | 608-326-4899 Licensed for children 2.5 to six years old |
| Little Saints Learning Center..... | 608-326-8624 Accepts children ages 2.5 years and up. Open year round and offers after school care. |
| Early Childhood Programs- serve children as young as 3 years old. Available at all Crawford County Schools. Contact your child’s school for more information. | |

PUBLIC SCHOOLS

| | |
|--------------------------------------------------------------------------------------------------|--------------|
| Boscobel Area Public Schools: www.boscobel.k12.wi.us | |
| • District Office..... | 608-375-4164 |
| • Boscobel Elementary..... | 608-375-4165 |
| • Boscobel Junior and Senior High School..... | 608-375-4161 |
| DeSoto Area Schools: www.desoto.k12.wi.us | |
| • District Office..... | 608-648-0102 |
| • DeSoto Middle / High School..... | 608-648-0100 |
| • Prairie View Elementary..... | 608-648-2227 |
| North Crawford School District: www.northcrawford.com | |
| • District Office..... | 608-735-4318 |
| • North Crawford Elementary..... | 608-624-5201 |
| • North Crawford High School..... | 608-735-4311 |
| Holy Family Parish: www.prairiecatholic.org | |
| • Prairie Catholic Schools (3-K-8 Grade)(Parochial School)..... | 608-326-8624 |

Prairie du Chien Public Schools: www.pdc.k12.wi.us

- District Office.....608-326-3714
- B.A. Kennedy Elementary (3K to 1st Grade)608-326-3719
- Prairie du Chien Senior High School.....608-326-3721
- Bluff View Intermediate School (2nd – 8th Grade)608-326-3723

Seneca School District: www.seneca.k12.wi.us

- District Office.....608-734-3411

Wauzeka-Steuben Public Schools: www.wauzeka.k12.wi.us

- District Office.....608-875-5311

New Frontier Alternative Day School.....608-326-6481

GED/HSED PROGRAMS

Southwest Tech Outreach Site- Prairie du Chien608-326-0718

Crawford County Literacy Council608-326-0718

PHYSICAL ACTIVITY AT THE SCHOOLS

DeSoto School District608-348-3311

- Weight Room/Fitness Center – Open Mondays, Tuesdays & Thursday evenings from 6:00 p.m. to 8:00 p.m.

North Crawford School District.....608-735-4318

- Open to public free of charge
- Open Gym: Sunday evenings – January-March from 6:30 p.m. to 8:00 p.m.
- Open Hallways: Monday-Friday – Hallways available for walking before and after school.
- North Crawford School District - District Fitness Shed
 - \$100/yr. individual memberships for district residents
 - \$200/yr. individual memberships for non-residents
 - 24/7 access through key fob

Prairie du Chien School District.....608-326-3700

- The public is welcome to access the high school for walking and the weight room at no cost.
- Walking: Monday-Friday at the High School from 5:00 a.m. to 8:00 a.m. and from 4:00 p.m. to 6:00 p.m. (Enter through the main door in the front or Door H in the center of the back of the building.)
- Open Weight Room: Monday-Friday at the High School from 5:00 a.m. to 8:00 a.m. and from 4:00 p.m. to 6:00 p.m. (Building on the east side of the back parking lot. There is supervision during these hours.)
- When school is not in session the facilities will NOT be available.

Wauzeka-Steuben School District.....608-875-5311

- Open Gym: Open to the public free of charge. Wednesdays from 7:00 p.m. to 10:00 p.m.
- Wauzeka’s Angels Fitness Center: Community members can check out key fobs to use center at any hour for a cost of \$10/month or \$100 /year; Students 6th-12th grades and staff (no charge); Students 5th grade and under are NOT allowed in the Fitness Center.

Seneca School District.....(608) 734-3411

- Available to district residents for free.
- Open Stage and Weight Room: Fitness equipment on the stage includes bikes, elliptical and treadmills..
Mornings: Monday-Friday from 6:45 a.m.-8:05 a.m. (Door 1 – the front doors on main street)
Evenings: Monday-Friday when sports practices are held. (Door 7 – south door, facing the bus garage)
- November-25-February 24 – Sundays from 7:00 p.m. -8:00 p.m. for students and adults; (Door 7 – south door, facing the bus garage).
- On days when school is late or cancelled, the fitness area will NOT be open.

EMPLOYMENT AND VOCATIONAL TRAINING

Work Force Connections 1-800-742-5627 or 608-433-2775
<http://www.workforceconnections.org>; 1304 S. Marquette Road, Prairie du Chien, WI 53821

- **Wisconsin Works (W2)** ~ provides necessary and appropriate services to prepare individuals to work, and to obtain and maintain viable, self-sustaining employment.
- **Workforce Investment Act (WIA)** ~ provides individualized, employment-focused services to job seekers who meet eligibility and program enrollment requirements.
- **Emergency Assistance** ~ Rental assistance for single or two parent households if under 150% FPL
- **Food Share Employment and Training Program**

WisCorps, Inc.....1-608-782-2494
<http://www.WisCorps.org>

- **WisCorps Works Program** offers employability training, work readiness, educational training and valuable work experience to young adults 16-24.

Couleecap1-608-423-6624
www.couleecap.org

- **Skills Enhancement Program** ~ Increases family earned income and benefits by assisting with the training needs of low income workers. Provides support and financial assistance for tuition, child care, and transportation expenses related to returning to school.
- **Job and Business Development** ~ Technical assistance to business start-ups and entrepreneurs. Help is available for developing business plans.
- **Work-n-Wheels Program** ~Provides zero interest vehicle loans & repair assistance to qualified low income households. Vehicle purchase and/or repairs must be related to employment. Program participants must agree to participate in ride share when possible.

Opportunity Center608-326-6486
730 North State Street, Prairie du Chien, WI 53821 www.pdcopportunitycenter.org

Job Preparation and Development provides individualized, employment-focused services to job seekers who meet eligibility and program enrollment requirements

Employment and Vocational Training

Driftless Development INC -- *Driftless Development INC is the economic development organization for Crawford County.* Phone: 1-608-279-2293 Address: 700 East Blackhawk Avenue, Suite 28, Prairie du Chien, WI 53821; Email: driftlessdevelopment.carol@gmail.com

- **Business Retention and Expansion** – Provide assistance to local businesses seeking to stay and grow in Crawford County. Grows local business to support local jobs and investments.
- **Business Start-up** – Technical assistance to entrepreneurs and those seeking to start a business. Help in developing business plans, seeking funding, conduct market research, put together financial data.
- **Business Mentoring** – Coach business owners to help grow a successful business
- **Economic Development** – Work with communities to identify and take action on issues important to them such a housing, workforce development, child care, downtown revitalization.
- **Community Development** – Assist communities to address important issues to improve communities and providing skills needed to make effective change.

ENERGY ASSISTANCE

Crawford County Human Services608-326-0248

- **Wisconsin Home Energy Assistance Program (WHEAP)** ~ provides assistance for heating costs, electric costs, and energy crisis situations.

Couleecap

- **Weatherization Program**1-866-904-4508
This program helps individuals or families improve the energy efficiency of their residences. Weatherization can be done for homeowners or renters. Common services include insulating attics and sidewalls, air-sealing the structure, furnace inspections, and energy conservation measures such as lighting and refrigerator replacement. Work is done at no cost for qualifying households.

Catholic Charities St. Lawrence Community Services Program.....1—888-212-4357

Provides utility assistance as available. This program focusses on building budgets and working with households so they can become self-sustaining and financially independent. Assistance is considered during the case management process.

FAMILY PLANNING AND REPRODUCTIVE HEALTH RESOURCES

Essential Health Clinic.....1-800-657-5177

Provides high-quality reproductive care. From testing and treatment of sexually-transmitted diseases, to education, pregnancy testing, and birth control, Essential Health Clinic can help with making decisions for ones health in a confidential, supportive place, with affordable, accessible services, regardless of an individual’s age and ability to pay.

Clarity Clinic.....1-608-348-5757

Tests for pregnancy and STD’s.

Catholic Charities Adoption Program.....1-888-212-4357

- Hague Accredited Agency providing expert support to expectant parents considering adoption as well as adoptive families. We help families prepare to welcome and adoptive child and support them throughout the adoption process. Provides assistance with agency infant, independent, Intercountry, Interstate, Relative, and Step-parent services.

- Catholic Charities Post Adoption Resource Center..... 1-888-212-4357.
- Provides support, education and referral services to all birth parents, adult adoptees, and adoptive families
- Crawford County Health & Human Services.....608-326-0229
Provides education and counseling related to sexually transmitted diseases testing and treatment.
- National STD Hotline1-800-227-8922
- AIDS Hotline1-800-334-2437
- Prairie du Chien Pregnancy Resource Center608-306-0147; fax 608-492-3524
Website - www.trilliummidwiferyservices.com; email - midwife@trilliummidwiferyservices.com;
1201 S. Beaumont Rd., Prairie du Chien, WI,
1109 Wisconsin Ave., Boscobel 53805
Offering pregnancy support services through Trillium Midwifery Services staff. We offer free and confidential services including limited ultrasounds, pregnancy counseling, pregnancy testing, and referrals for additional services as needed. Visits are by appointment only by calling or texting the number above.

FINANCIAL EDUCATION AND COUNSELING

- Catholic Charities St. Lawrence Community Services Program.....1-888-212-4357
- Financial Wellness Advocates are available to help individuals and families with budgeting and financial management tools.
- Catholic Charities Representative Payee Services-----1-888-212-4357
- For individuals who qualify for services we offer confidential and compassionate assistance with budgeting on fixed income to meet basic human needs. Offer case management, individualized planning, monthly bill paying, budget review, and goal setting.

FOOD PROGRAMS

- Crawford County Health & Human Services608-326-0248
- **Food Share Program-** Nutrition assistance program designed to help individuals and families buy nutritious foods when money is tight. Monthly benefits are based on net income and household size. Apply at www.access.wi.gov or by calling 1-888-794-5780 or 326-0248.
- Women, Infant, and Children (WIC)1-800-704-8555 or 1-608-935-2326
<https://www.dhs.wisconsin.gov/wic> or <http://www.swcap.org/service-wic.html>
Provides supplemental nutritious foods, nutrition and breastfeeding information, and referral to other health and nutrition services to pregnant women and children under the age of five.
- ACCESS.....access.wisconsin.gov
Connection to health and nutrition benefits
- Free/Reduced School Meals
- **Free and reduced priced breakfast and lunch programs** available at Crawford County Schools. Contact your child’s school for income guidelines and an application.

Seneca School District608-734-3411

- **Seneca School District Backpack Program**

All families (Pre-K-5th grade) that attend the Seneca School District and receive free and reduced lunch have the option to receive a food pack. Middle school and high school families can participate upon referral or request.

UW Extension608-326-0223

- FoodWise Program - Provides nutrition education to families and individuals who are eligible for the Food Share program

Aging and Disability Resource Center (ADRC) of Eagle County <http://www.adrceagle.org/>.....1-877-794-2372

Prairie du Chien Office608-326-0235

225 N. Beaumont Rd. Suite 117 Prairie du Chien, WI 53821;

- Senior Nutrition Dining Sites in Crawford County for residents age 60 & older and spouses regardless of age.
- Home delivered meals in Crawford County for residents age 60 and older who meet homebound, nutrition needs or disability criteria.

St. Peter Evangelical Lutheran Church.....608-326-6411

- Come For Supper (Free Monthly Community Meal) – Third Thursday of Every Month at 5:00-6:30 p.m.

Food Pantries

- Couleecap /Bargain Boutique.....608-326-2463

This program operates to provide food to residents with an emergency need who qualify within the income guidelines. The Emergency Food Assistance Program (TEFAP) supplements the food pantry. Residents with an emergency need may access the food pantry once per month at the Bargain Boutique, Monday-Friday from 10:00 am. – 3:00 p.m. If an emergency call 608-326-2463 or after hours 608-326-2421(police department). Contributions from businesses and individuals can be tax deductible.

- Mobile Food Pantry/Second Harvest.....608-735-4690

This food pantry is located at Gays Mills Community Building. They are open the fourth Wednesday every month from 2:00 p.m. until food is gone. Distribution site has no income guidelines or residency requirements. Contact Lorraine Fortney.

- Gays Mills Food Pantry..... 608-606-1269

The food pantry is located at 120 Sunset Ridge #122, Gays Mills. They are open the first Saturday of each month from 9am to 10am and the first, second, and third Wednesday from 2pm to 4pm. Kent Salmon, Director.

- Prairie du Chien Main Street Program – 608-485-0187; mainstreet.tammiek@gamil.com

Thursday Night Farmers Market – Located at the corner of Blackhawk Ave and Beaumont Ave Market runs from mid-May to mid-October. Hours: 4pm – 7 pm. The market provides visitors and local residents the opportunity to purchase locally sourced food and other products. Vendor spaces are also available.

HEALTH CARE

FREE AND LOW COST CLINIC

- InHealth Community Wellness Clinic608- 375-4324
A free clinic that provides primary Health Care to the un-insured of Grant and Crawford Counties. Clinic Hours: Every Monday 5:00PM to 8:00PM and 1st and 3rd Saturday 9:00AM to Noon. Located at the rear of the Associated Balance and Hearing Clinic at 109 East Bluff, Boscobel, WI
- Essential Health Clinic.....1-800-657-5177
Provides high-quality reproductive care. From testing and treatment of sexually-transmitted diseases, to education, pregnancy testing, and birth control, Essential Health Clinic can help with making decisions for ones health in a confidential, supportive place, with affordable, accessible services, regardless of an individual’s age and ability to pay.
- Scenic Bluffs Community Health Centers608-654-5100
If you do not have health insurance, are unemployed, or have an income level that makes it difficult for you to pay for health care, a sliding fee scale called the Healthy Neighbor Plan is offered. Locations in Cashton, Norwalk, and Viroqua
- Neighborhood Family Clinic.....LaCrosse 608-781-9880, Winona 608-637-8111
Provides quality medical care at a reduced rate. Viroqua 608-637-8111, Sparta 608-487-8506
- Prairie du Chien Pregnancy Resource Center..... 608-306-0147; fax 608-492-3524
Website - www.trilliummidwiferyservices.com; email - midwife@trilliummidwiferyservices.com;
1201 S. Beaumont Rd., Prairie du Chien, WI,
1109 Wisconsin Ave., Boscobel 53805
Offering pregnancy support services through Trillium Midwifery Services staff. We offer free and confidential services including limited ultrasounds, pregnancy counseling, pregnancy testing, and referrals for additional services as needed. Visits are by appointment only by calling or texting the number above.
- Sacred Heart Sonography Services, LLC.....Phone: 608-485-2528; Fax 608-391-3027
email: sacredheartsonography@outlook.com Located at Trillium Midwifery Clinic and Birth Center
Offering diagnostic ultrasound services including general abdomen, vascular, and OB/GYN exams. All exams are performed by a licensed sonographer and interpreted by a board-certified Radiologist. Exams are offered at an affordable, low cost cash rate.

DENTAL CARE

- Crawford County Health & Human Services.....608-326-0229
- **Fluoride Varnish Program**- Fluoride varnish is a protective coating that is painted on children’s teeth to help prevent cavities. Fluoride varnish is available for children 6 months thru 20 years with valid Medicaid/BadgerCare Coverage, otherwise fee to cover costs.
- Bridging Brighter Smiles.....1/262-896-9891
www.bridgingbrightersmiles.org
Provides students in grades 4k-12th grade oral screenings, dental cleanings, fluoride varnish, sealant placement, oral health education, and referral assistance

Dental Clinics for MA/BadgerCare Clients or Uninsured Persons

- Boscobel Family Dental.....608-375-4549
105 E. Bluff St. Boscobel, WI – Accepts adults and children with BadgerCare.
- Dr. Kurt Dillard.....608-785-0633
1720 Jackson St., La Crosse, WI – Accept adults and children with BadgerCare
- Dr. Williams & Pearce.....608-647-3993
100 N. Church St. Richland Center, WI – Accepts BadgerCare for adults and children
- Marquette University School of Dentistry414- 288- 6790
1801 West Wisconsin Ave. Milwaukee, WI -- Accept adults and children with BadgerCare

Dental Clinics for Children only on MA/BadgerCare

- Biehl & Okano.....608-326-4450
807 E. Wells St. Prairie du Chien, WI – Accepts children with BadgerCare up to age 15
- Dentistry of Onalaska – Dr. Flood.....608-781-9114
801 Critter Ct., Onalaska, WI –Accepts children with BadgerCare 5 and under only
- Scenic Bluffs Community Health- Dental Care608-654-5100
Accepts BadgerCare for adults and children. Clinics located in Cashton and Viroqua.
- Patterson John A DDS608- 326-4515
807 E Wells Prairie du Chien, WI – Accepts children with BadgerCare 5 and under only
- Welter Family Dentistry608- 326- 7445
114 Blackhawk Av Prairie du Chien, WI – Children 15 and younger only

Dental Clinics who provide Payment Options and Care Credit

- Aspen Dental.....608-531-8257
3132 Market Place Onalaska, WI – Third party and payment options
- Pomerening Bruce L DDS608- 326-2332
109 S Beaumont Rd Prairie du Chien, WI – Payment Options Available
- Dental Associates of PDC608- 326-6886
820 S. Marquette, Prairie du Chien, WI – Care Credit
- PdC Dentistry608-326- 8458
110 S, Ohio Street, Prairie du Chien, WI – Care Credit

PUBLIC HEALTH

Crawford County Health & Human Services www.crawfordcountywi.org/health-home.html608-326-0229

- **Immunization Clinics** ~ held Tuesdays at the Crawford County Administration Building and 2nd Friday of the Month in Gays Mills at the Community Commerce Center to provide an opportunity for children and adults to receive immunizations.
- **HealthCheck** ~ a preventive health check-up program for Wisconsin Medicaid/ BadgerCare recipients under the age of 21. The screening meets physical exam requirements for Head Start and day care programs.
- **Childhood Lead Poisoning Prevention** ~ lead screening services for all children 1 year through 6 years of age to assess the level of lead in their bodies. Children under six years of age can easily be poisoned by dust or paint chips containing lead. After initial screening, Public Health will take necessary action to help families eliminate lead exposure.
- **Vision Screening Program** for all children starting at 6 months of age. The purpose is to identify treatable or preventable causes of commonly occurring visual problems in children.
- **Blood pressure screening** ~ held at elderly meal sites and public health office.

- **Communicable diseases** are reported to Public Health by physicians, clinics, family members, or the ill person. Public Health nurses offer investigation, education, and control measures to assure the safety of the individual, family, and community.
- **Community Education** – Public Health Staff are available to present educational programs to community groups related to health and wellness topics.
- **Car seat inspection and installation** – Public Health provides a certified car seat technician to perform a car seat safety check and installation, by appointment.

AREA CLINICS AND HOSPITALS

| | |
|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------|
| Crossing Rivers Health Clinic - Prairie du Chien | 608-357-2500 |
| www.CrossingRivers.org/clinics | |
| 37822 U.S. Highway 18 Prairie du Chien, WI 53821 | |
| Crossing Rivers Health Clinic - Fennimore..... | 608-357-2500 |
| www.CrossingRivers.org/clinics | |
| 1800 E. Bronson Boulevard Fennimore, WI 53809 | |
| Mayo Clinic Health System- Prairie du Chien..... | 608-326-0808 |
| 800 E. Blackhawk Ave. Prairie du Chien, WI 53821 | |
| Gundersen Prairie du Chien Clinic | 608- 326-6466 or 1-800- 714-5362 |
| 610 East Taylor Street Prairie du Chien, WI 53821 | |
| Gundersen Boscobel Clinic | 608-375-4144 |
| 208 Parker Street Boscobel, WI 53805 | |
| Gundersen Viroqua Clinic | 608) 637-3195 or (877) 543-3195 |
| 407 South Main Street Viroqua, WI 54665 | |
| Kickapoo Valley Medical Clinic – VMH | 608- 624-5203 |
| 102 Sunset Ave. Soldiers Grove, WI 54655 | |
| Hirsch Clinic – VMH | 608-637-3174 |
| 407 S. Main St. Suite 400 Viroqua, WI 54665 | |
| Crossing Rivers Health Medical Center (Hospital)..... | 608-357-2000 |
| 37868 US Hwy. 18 Prairie du Chien, WI 53821 | |
| Mayo Clinic Health System (Hospital)..... | 608-785-0940 or 800-362-5454 |
| 700 West Avenue S. La Crosse, WI 54601 | |
| Gundersen Health System (Hospital) | 608-782-7300 or 800-362-9567 |
| 1900 South Avenue La Crosse, WI 54601 | |
| Gundersen Boscobel Area Hospital | 608-375-4112 or 866-662-2242 |
| 205 Parker Street Boscobel, WI 53805 | |
| Vernon Memorial Healthcare | 608-637-2101 |
| 507 South Main Street Viroqua, WI 54665 | |
| Neighborhood Family Clinic..... | LaCrosse 608-781-9880, Winona 608-637-8111 Viroqua 608-637-8111, Sparta 608-487-8506 |
| Trillium Midwifery Services Clinic and Birth Center | phone 608-306-0147; fax 608-492-3524 |
| www.trilliummidwiferyservices.com ; midwife@trilliummidwiferyservices.com | |
| 1201 S. Beaumont Rd., Prairie du Chien, WI 53821; 1109 Wisconsin Avenue, Boscobel, WI 53805 | |

HOME CARE

Homeward Bound.....608-723-6601
130 W. Elm Street, Lancaster, WI 53813
Supportive Home Care and Home Health Agency offering the following services: Skilled Nursing Care, Respite Care, Home Maintenance, Therapies and Personal Cares. State Licensed and Medicare/M.A. certified. Can bill Medicare, Medical Assistance, Insurance and other funding sources.

HOUSING AND SHELTERS

EMERGENCY SHELTERS AND ASSISTANCE

New Horizons Shelter and Women’s Center608-791-2600 OR 1-888-231-0066
1223 Main St. Lacrosse, WI 54601
24/7 Crisis Line. Shelter for women and children experiencing domestic violence, sexual assault, or harassment.

Passages , Richland Center, WI.....1-800-236-HEAL (4325); 608485-0233 (non-emergencies)
24-hour crisis line. Domestic abuse shelter, crisis help line and counseling.

Salvation Army of La Crosse County608-782-6126
223 8th Street North La Crosse, WI 54601
Emergency shelter open to men, women and children 7 days a week. Check in time is 6-8 pm Monday-Friday and all day Saturday and Sunday.

Catholic Charities St. Lawrence Community Services Program.....1-888-212-4357
This program focusses on financial education and building budget skills so households can become self-sustaining and financially independent. Rental assistance is considered during the case management process.

American Red Cross1-877-618-6628

HOMELESS/ TRANSITIONAL HOUSING

Couleecap1-866-904-4508
www.couleecap.org/homeless-prevention

- **Homeless Prevention Program** ~ Provides motel vouchers, security deposit, and first month’s rent in Monroe, Vernon, and Crawford counties. Provides eviction prevention assistance in Crawford and Vernon counties. Individuals/families must be homeless or in danger of being evicted for lack of rent payment. Must show a *temporary* decrease in household income and the ability to maintain payments beyond assistance. Eligible participants must meet income eligibility guidelines of at or below 30% - 50% County Median Income in order to qualify for assistance. Funds for this program are provided by the State of Wisconsin Bureau of Supportive Housing, and types of assistance vary by county.

LOW- INCOME RENTAL HOUSING

Rivercrest Village608-836-1152
1007 E Wisconsin St Prairie du Chien, WI 53821
Rivercrest Villages is a Family low income housing apartment subsidized by the federal government’s HUD (Housing and Urban Development) Division.

| | |
|------------------------------------------------------------------------------------|------------------------------|
| Blackhawk Apartments | 608-326-8323 |
| 695 E Blackhawk Ave Prairie du Chien, WI 53821 | |
| Prairie Village Apartments | 608-348-7755 |
| 1605 E Wells St Prairie du Chien, WI 53821 | |
| Prairie du Chien Enterprises | 608-326-0004 |
| 1505 E Wells St Prairie du Chien, WI 53821 | |
| <u>Income-Based Housing:</u> | |
| Kickapoo Ridge/Crooked River Townhomes | 608-796-9062 |
| 2 and 3 bedroom townhomes in Gays Mills for low income and market-rate households. | |
| Allegiant Property Management(low income housing)..... | 608-784-1381 or 888-393-3282 |
| 412 3 rd Street South, LaCrescent, MN 55947 | |
| Properties located at: | |
| Hillview Apartments | |
| 170 County Rd N, Wauzeka, WI 53826 | |
| Pheasant Run Apartments | |
| 821 Dousman St., Prairie Du Chien, WI 53821 | |
| Winneshiek Apartments | |
| 255 Main Street, Desoto, WI 54624 | |

HOMEOWNERSHIP/ HOME REHABILITATION

| | |
|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------|
| Couleecap..... | 1-866-904-4508 |
| http://www.couleecap.org/ | |
| • Homebuyer Counseling | 608-796-9062 |
| Provides homebuyer counseling to individuals planning to purchase a home. No income restrictions. Counseling meets Fannie Mae requirements for accessing the First-Time Homebuyer Tax Credit. Fees may apply depending on income | |
| • Homeownership Programs | 608-796-9062 |
| Helps income-eligible homebuyers purchase their first home, with down payment and closing cost assistance available. | |
| • Community Land Trust Homeownership | 608-782-5520 |
| Provides homebuyers the ability to purchase permanently affordable housing in select communities. Primarily new construction homes available for purchase at 50% - 60% of market prices. Buyers are required to participate in a shared-appreciation agreement as a condition of ownership. | |
| • Owner-occupied Home Rehab Programs | 608-796-9062 |
| Helps low and moderate income homeowners rehabilitate their home. Focus is on rehabilitation that makes the home safe, sanitary, and energy efficient. | |
| • Weatherization Program | 1-866-904-4508 |
| Helps individuals or families improve the energy efficiency of their residences. Weatherization can be done for homeowners or renters. Common services include insulating attics and sidewalls, air-sealing the structure, furnace inspections, and energy conservation measures such as lighting and refrigerator replacement. Work is done at no cost for qualifying households. | |
| Crawford County Housing Preservation Grants | 608-326-7333 |
| https://www.developmentplanning.net/index.html | |

| | |
|------------------------------------------------------------------------------------------------------------------------|----------------|
| Crawford County Housing Costs Reduction Initiative | 608-326-7333 |
| https://www.developmentplanning.net/index.html | |
| WHEDA | 1-800-334-6873 |
| www.wheda.com | |
| <ul style="list-style-type: none"> • For 1st-time homebuyers • No Equity Home Improvement Loan | |
| USDA Rural Development | 608-935-2791 |
| www.rurdev.usda.gov/wi | |
| Low interest loans for 1st-time homebuyers, zero down payment, subsidized and guaranteed loans | |
| Catholic Charities St. Lawrence Community Services Program..... | 1-888-212-4357 |
| First-time Homebuyer Education | |
| Bureau of Consumer Protection | 1-800-422-7128 |
| Landlord /Tenant Hotline..... | 1-800-422-7128 |
| Tenant Resource Center..... | 1-877-238-7368 |

LEGAL SERVICES

| | |
|------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------|
| Disability Rights Wisconsin..... | 1-608-267-0214 |
| Toll Free: 800-928-8778; Fax: 608-267-0368; http://www.disabilityrightswi.org | |
| 131 W. Wilson St., Suite 700, Madison, WI 53703 | |
| Catholic Charities Immigration Services..... | 1-888-212-4357 |
| Offers direct legal assistance to all immigrants for naturalization, adjustment of status, immigration services under the VAWA program (Violence Against Women Act) and others immigration services. | |
| Legal Action of Wisconsin | 608-785-2809 or 1-800-873-0927 |
| www.legalaction.org 205 5 th Ave So., Suite 300, Box 2617, La Crosse, WI 54602-2617 | |
| Telephone Interview Hours: Tuesday and Thursday, 8:30 – 11:30 a.m. | |
| Lawyers for Low-Income People – Help is FREE | |
| Judicare..... | 715-842-1681 or 1-800-472-1638 |
| www.judicare.org | |
| 408 Third Street, Suite 408, P.O. Box 6100, Wausau, WI 54402-6100 | |
| Provides legal services for cases involving bankruptcy, Social Security and SSI, family law, health, housing, income maintenance, wills and Indian law. | |

LIBRARIES

Call for Programs Offered and Hours Open

| | |
|-----------------------------------------------------------------------------------------------------------------------|--------------|
| Desoto Public Library...(www.wrlsweb.org/desoto)..... | 608-648-3593 |
| Call for program times | |
| Lynxville Library..... | 608-412-3184 |
| Call for program and hours | |
| Gays Mills Public Library(www.gaysmillslibrary.org | 608-735-4331 |
| PDC Memorial Library www.pdcpubliclibrary.org | 608-326-6211 |
| Call for program and hours | |
| Soldiers Grove Public Library (www.soldiersgrovelibrary.org)..... | 608-624-5815 |

MENTAL HEALTH - COUNSELING

Crawford County Health & Human Services..... (608) 326-0248

Children and adult counseling, adult psychiatry, and In-home family counseling.

Mayo Clinic Health System- Prairie du Chien..... (608) 326-0808

Full range of mental health and addiction services for children, adolescents and adults.

Gundersen Behavioral Health- Prairie du Chien (608) 326-3380

Viroqua.....(608) 637-3195

Full range of mental health and addiction services for children, adolescents, and adults.

Specialty services are available for eating disorders, sexual abuse and assault victims, and crime victims.

Boscobel..... (608) 375-4144

Offers behavioral counseling services in collaboration with Gundersen primary care provider in the Family Medicine Clinic. Primary care provider provides a referral for these services.

Crossing Rivers Health Behavioral Health–Prairie du Chien & Fennimore..(608) 357-2525

Offers addiction counseling, anxiety, attention deficit/hyperactivity disorder, behavior issues, bipolar, conduct disorders, depression, grief and loss, impulse control, personality disorders, psychosis and trauma-related disorders, telehealth psychiatric services.

Katrina M. Johnson, LCSW, CTRS – Soldiers Grove..... (608) 553-0279

Individual, Families, Couples, Veterans & children 4yo and older; Methods: Forgiveness Therapy, Strength Based Therapy, AODA Prevention, Cognitive Behavioral Therapy (CBT), CBT-Insomnia

Family and Children’s Center -Viroqua..... (608) 637-7052

Full range of mental health services to children, adults and families.

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Viroqua Counseling and Health Center – Viroqua (608) 637-2511

www.viroquacounselingandhealthcenter.com

Private counseling center providing counseling, psychological, and medical to individuals, couples and families. Our goal is to facilitate care and healing in a positive and caring environment created for individual attention.

Stonehouse, Viroqua..... (608) 638-3332

Provides individuals, children, couples, and families with a safe, supportive environment from which to learn coping strategies and the tools to build healthy relationships.

Hirsch Clinic, Viroqua..... (608) 637-3174

Behavior health services available.

Rebecca Miller, LLC – Boscobel..... (608) 391-2436

Client-centered mental health care to individuals as young as 6 years old.

Ashley Hady, LLC – Boscobel..... (608) 391-2434

Provide outpatient mental health care to patients 16 years and older.

Pauquette Center – Richland Center..... (608) 742-4087

pauquette.com/locations/richland-center/

Provide services for depression, anxiety, addiction, and so much more to youth and adults.

Northeast Iowa Behavioral Health..... 1 (800) 400-8923

www.neibh.org

Offers immediate crisis counseling and ongoing individual & group counseling for any mental health or substance abuse issue at the following locations: Decorah, Oelwein, Waukon, Elkader, Cresco, Guttenburg, West Union.

SUPPORT SERVICES FOR MENTAL HEALTH

NAMI-Southwest Wisconsin, Boscobel..... (608) 485-3211

southwesternwi.wix.com/nami

Provides free support groups for people living with mental illness and their loved ones. All support groups are led by people living well in recovery or are family members who have been trained to meet NAMI’s standards.

- Support Group for those with mental illness is held on the 1st and 3rd Thursday of every month at 7 p.m.
- Support Group for family members/friends is held on the 2nd and 4th Thursday of every month at 7 p.m.
- Location: St. John’s Lutheran Church, 208 Mary Street, Boscobel, WI

SUICIDE & CRISIS RESOURCES

If you are experiencing a life-threatening mental health crisis, call 911

Crawford County Health & Human Services (608) 326-0248

If you are experiencing a mental health emergency contact Northwest Connections at 1-888-552-6642.

National Suicide Prevention Lifeline 1-800-273-TALK (8255)

www.suicidepreventionlifeline.org

24/7, free and confidential support for people in distress, prevention and crisis resources for you or your loved ones, and best practices for professionals.

Text “HOPELINE” to 741741

Serves anyone, in any type of crisis, providing access to free, 24/7 support and information via a medium people already use and trust: text.

Solstice Warmline..... (608) 422-2383

The Warmline is a non-clinical, non-emergency service staffed by certified peer specialists; a program of the Solstice House. Available in the evening hours only.

Veterans Crisis Line..... 1-800-273-TALK (8255) and Press 1 or text 838255

Qualified VA responders standing by to help 24 hours a day, 7 days a week.

TrevorLifeLine: 1-866-488-7386 or text “START” to 678678

A crisis intervention and suicide prevention phone service for LGBTQ young people available 24/7.

Text service is available Monday through Friday, between 2pm – 9pm.

Gundersen Inpatient Behavioral Health Unit (608) 775-3523 or 1 (800) 362-9567

A 30-bed facility that provides acute mental health services.

PARENTING EDUCATION AND SUPPORT

Crossing Rivers Health608-357-2000
37868 US Hwy 18, Prairie du Chen, WI 53821

- **Car seat inspection and installation** – Crossing Rivers Health provides a certified car seat technician on staff to perform a car seat safety check, by appointment.

UW-Extension608-326-0223

- **Positive Parenting Program [Triple-P]**

The Triple P – Positive Parenting Program is for parents of children 0-12 and teenagers. The programs simple, practical strategies have proven to work around the world by helping parents raise happy, confident children; set family routines and rules that everyone can follow; and balance work and family life with less stress. You can attend one seminar or discussion group at a time or in a series. Additionally, Family Transitions is a group parenting program for divorced or separated parents. It provides parents new ways to help protect their child – and themselves – from the fallout from a family split.

- **Raising a Thinking Child (RTC)**

This is a six week course helps parents and caregivers of children 4 to 7 years. RTC has demonstrated effectiveness in developing interpersonal cognitive problem-solving skills in young children, improving parenting skills and parenting-child communication, and in decreasing both impulsive and inhibited behaviors in young children.

- **Just In Time Parenting**

Just in Time Parenting is a free parenting newsletter [prenatal, newborn to 5 years old] that is delivered by email and specific to a child’s age and needs. These newsletters are designed to provide information that’s relevant to your family and is automatically delivered to you just in time!

- **Home Alone**

The Home Alone Online program for parents whose children are getting ready to stay home alone. Parents and children should watch the videos together and use the short activities after each video to discuss their plans to stay safe.

- **Parenting Resources—Books, DVDs and more**

Upcoming programs, classes and online parenting resources are available under the Human Development & Relationships tab at <https://crawford.extension.wisc.edu/>

Crawford County Health and Human Services.....608-326-0248

- **Birth to 3 Program** - Wisconsin’s early intervention program for infants and toddlers with developmental delays and disabilities and their families. If you are concerned about your child’s development, don’t wait! Contact your Crawford County Birth to 3 Program or your doctor for information.
- **Coordinated Services Team (CST) Initiative-** targeted to children and families involved in two or more systems of care (such as mental health, long term care, juvenile justice, child welfare, substance abuse or special education) who have complex needs.
- **Parent Education Referral Services**

PREGNANCY- RELATED PROGRAMS AND SERVICES

Crawford County Health & Human Services.....608-326-0229

- **First Breath** - is a program that helps pregnant women in Wisconsin quit smoking. The program offers non-judgmental counseling and support, access to quit-smoking resources in Wisconsin and free gifts.
- **My Baby and Me**- is a program that helps Wisconsin women stop or significantly reduce their alcohol use during pregnancy. The program offers non-judgmental, client-centered counseling and support with pregnancy-specific educational materials and meaningful incentives.

Women, Infant, and Children (WIC)1-800-704-8555 or 1-608-935-2326

<https://www.dhs.wisconsin.gov/wic> or <http://www.swcap.org/service-wic.html>

Provides supplemental nutritious foods, nutrition and breastfeeding information, and referral to other health and nutrition services to pregnant women and children under the age of five.

Essential Health Clinic.....1-800-657-5177

- Provides high-quality reproductive care. From testing and treatment of sexually-transmitted diseases, to education, pregnancy testing, and birth control, Essential Health Clinic can help with making decisions for ones health in a confidential, supportive place, with affordable, accessible services, regardless of an individual's age and ability to pay

Crossing Rivers Health.....608-357-2000

- **Childbirth Classes**608-357-2298
One day classes are held on Saturdays. Refresher courses may be scheduled. Call to register
- **Certified Lactation Consultant**608-357-2500

Catholic Charities Birth Parent Support.....1-888-212-4357

- Social workers available 24/7 to listen, discuss life options, and help parents through an uncertain time. Services are free and confidential. Questions may also be sent via text to 1-715-600-6391.

Coalition for Children Youth and Families..... 1-800-762-8063

6682 West Greenfield Avenue Suite 310 • Milwaukee WI 53214 www.wiadopt.org

Trillium Midwifery Services Clinic and Birth Center.....608.306-0147; fax 608-492-3524

www.trilliummidwiferyservices.com; midwife@trilliummidwiferyservices.com

1201 S. Beaumont Rd., Prairie du Chien, WI 53821; 1109 Wisconsin Ave., Boscobel 53805

Providing complete care to women of childbearing years including preconception counseling, prenatal, labor, delivery and postpartum care. Also caring for the newborn from birth to 6 weeks. We accept WI Medicaid and most insurances and offer cash discounts.

PUBLIC ASSISTANCE PROGRAMS

Medicaid and other Health Programs

The State of Wisconsin offers a number of health benefits programs for eligible children, individuals, and families.

For eligibility information, call Medicaid

Enrollment Services at (800) 291-2002 or go to access.wi.gov

BadgerCare Plus: health care coverage program for low- income Wisconsin residents.

Apply online at ACCESS.wi.gov

Apply by phone 1-888-794-5780

Family Planning Only Services Program: provides certain family planning-related services to prevent unplanned pregnancies. This coverage is for both men and women. Covered services are limited to family planning and related services like testing and treatment of sexually transmitted diseases/infections (STDs/STIs).

Apply online at ACCESS.wi.gov Apply by phone 1-888-794-5780

Wisconsin Medicaid: plans for elderly, blind or disabled provide health care for those who are: Age 65 or older, blind or disabled; with family income at or below the monthly program limit, and; who are United States citizens or legal immigrants.

Apply online at ACCESS.wi.gov Apply by phone 1-888-794-5780

Medicaid Purchase Plan (MAPP): offers people with disabilities who are working or interested in working the opportunity to buy health care coverage through the Wisconsin Medicaid Program. Depending on an individual's income, a premium payment may be required for this health care coverage.

Your local agency: Crawford County Human Services at 608-326-0248 or dhs.wi.gov/em/customerhelp

Wisconsin Well Woman Program (WWWP): provides preventive health screening services to women with little or no health insurance coverage. Well Woman pays for mammograms, Pap tests, certain other health screenings, and multiple sclerosis testing for women with high risk signs of multiple sclerosis.

To apply for more information www.dhs.wisconsin.gov/womenshealth/wwwp

SeniorCare: Wisconsin's prescription drug assistance program for Wisconsin residents 65 or older who meet eligibility requirements. Contact the SeniorCare Customer Service Hotline at (800) 657-2038.

Supplemental Security Income (SSI): is a monthly cash benefit paid by the federal Social Security Administration (SSA) and state Department of Health Services (DHS) to people in financial need who are 65 or older or people of any age who are blind or disabled and residents of Wisconsin.

Apply by calling Social Security's toll-free number (800) 772-1213.

Internet address: <http://www.ssa.gov>

Report Public Assistance Fraud1-877-865-3432
<https://www.reportfraud.wisconsin.gov/>.

Health Insurance Marketplace

To purchase health insurance go to HealthCare.govor call 1-800-318-2596

Medicaid HMO Assistance

Most Medicaid plans require you to enroll in an HMO. Here is some information that can assist you.

Member Services1-800- 362-3002
For HMO enrollment information and assistance with Forward Card replacement, SSI payments, BadgerCare Plus information.

HMO Enrollment Services1-800 -291-2002
For assistance in choosing and enrolling in a Medicaid HMO

ABC for Health.....1-800-585-4222
Health benefits counseling and legal services for children and families, especially those with special health care needs.
152 W. Johnson St. Suite 206 Madison, WI 53703 www.abcforhealth.org

Legal Action HMO Advocacy Program.....1-414- 278-7722

HMO Ombudsman1-800-760-0001

Community Advocates1-414-449-4777

Crawford County-Area Medicaid HMOs

Each local HMO has an advocate that can help you if you are having a problem with your medical coverage. Ask for an “HMO advocate” when calling your HMO if you need extra assistance.

- Anthem BlueCross BlueShield**.....1-855-690-7800 or 1-800-855-2880
- Group Health Cooperative of Eau Claire**1-888-203-7770 or 715-552-4300; 1-800-947-3529 TDD
- iCare**1-800-777-4376 or 1-800-947-3529 TDD
- MHS Health Wisconsin**.....1-888-713-6180 or 1-800-446-6136
- My Choice Wisconsin**.....1-800-963-0035
- Network Health Plan**.....1-888-713-6180 or 1-800-446-6136
- Quartz**.....1-800-362-3310 or 608-643-1421 TDD
- United Healthcare Community Plan**1-800-504-9660; 1-800-947-6644 TDD

FoodShare / Child Care dhs.wisconsin.gov/foodshare

FoodShare program helps low-income families and individuals buy nutritious food.

- Quest Card Customer Service**.....1-877- 415-5164
For questions or problems with your FoodShare card.
- Wisconsin Shares Child Care** 608-326-0248
dwd.wisconsin.gov/dws/programs/childcare/wishares
The Wisconsin Shares Child Care Subsidy Program is for low-income working families, families participating in the W-2 program, or teen parents who are attending school.

Wisconsin Works (W-2)

Workforce Connection.....608-433-2775 (Prairie du Chien); 1-800-742-5627 (La Crosse); 1-888-418-9332;
www.workforceconnections.org

Wisconsin Works (W-2) replaced Aid to Families with Dependent Children (AFDC) in September, 1997. W-2 is based on work participation and personal responsibility. The program provides employment preparation services, case management and cash assistance to eligible families.

Under W-2, there is no entitlement to assistance. The program is available to low-income parents with minor children who meet eligibility requirements and who are willing to work to their ability. Each W-2 eligible participant meets with a Financial and Employment Planner (FEP), who helps the individual develop an employability plan.

SPECIAL NEEDS SERVICES AND PROGRAMS

Crawford County Health & Human Services608-326-0248

- **Birth to 3 Program** - Wisconsin’s early intervention program for infants and toddlers with developmental delays and disabilities and their families. If you are concerned about your child’s development, don’t wait! Contact your Crawford County Birth to 3 Program or your doctor for information.
- **Children’s Long-Term Support Waivers** - provide a structure within which Medicaid funding is available to support children who are living at home or in the community and who have substantial limitations in multiple daily activities as a result of one or more of the following disabilities: developmental disabilities, severe emotional disturbances, and physical disabilities. Funding can be used to support a range of different services that are identified based on an individual assessment of the child and his or her needs.
- **Children’s Community Options Program** provides individual services and supports to families that include a child with severe disabilities. The program recognizes that meeting the needs of children who have severe disabilities may place hardships on a family’s emotional, physical and financial resources. The program offers: information and help in finding services and maximizing community resources; limited funding to buy needed services and goods that can’t be bought through other sources; help in linking families with other families to strengthen natural supports.
- **Coordinated Services Team (CST) Initiative-** targeted to children and families involved in two or more systems of care (such as mental health, long term care, juvenile justice, child welfare, substance abuse or special education) who have complex needs.

Katie Beckett Program608-397-8850

- **The Katie Beckett Program** is a special eligibility process that allows certain children with long-term disabilities, mental illness, or complex medical needs, living at home with their families, to obtain a Wisconsin ForwardHealth Medicaid card. The Katie Beckett Program Consultant is housed at The Parenting Place 1035 Riders Club Road Onalaska, WI 54650

Southern Regional Center for Children & Youth with Special Needs (CYSHCN).....800-532-3321

<https://cyshcn.waisman.wisc.edu/>

- The Southern Regional Center for CYSHCN provides free and confidential assistance to parents of children with special health care needs, birth to age 21. Regional Centers help families get answers, find services, and connect to community resources for children and youth with special needs. Services are free, confidential, and available to all residents in the region.

Wisconsin First Step Hotline..... 1-800-642-7837

Statewide resource and referral hotline for parents of children with special needs from birth through age 21 and service providers; also a central directory for Statewide Birth to 3 programs.

Special Olympics.....1-800-222-1324 or 608-552-1324

Special Olympics Wisconsin (SOWI) is a statewide organization with provides individuals with intellectual disabilities year-round sports training and athletic competition. Individuals who are at least 8 years old and are identified as having an intellectual disability are eligible for participation.

Wisconsin Badger Camp, Inc.....608-348-9689

PO Box 723, Platteville, WI 53818

www.BadgerCamp.org

Badger Camp is a summer camp serving adults and children with developmental disabilities by providing quality outdoor recreational experiences. Badger Camp is located 10 miles south of Prairie du Chien.

Camp Courageous.....319-465-5916
 PO Box 418, Monticello IA 52310 info@campcourageous.org
 Camp Courageous of Iowa provides individuals with disabilities the opportunity to experience year-round recreational and respite care activities in a camp setting. The camp provides opportunities for social and personal growth within a supportive environment.

Opportunity Center608-326-6486
 730 North State Street, Prairie du Chien, WI 53821 www.pdcopportunitycenter.org
 The Opportunity Center provides real-work employment opportunities, skill development training, and socialization / communication activities for persons with disabilities.

Wisconsin Council of the Blind and Visually Impaired.....1-800-783-5213 or (608) 255-1166

Project Lifesaver of Crawford County-----Contact Crawford County Health & Human Services - 608-326-0248
 A service to protect Crawford County residents at risk of wandering due to Alzheimer’s Disease, Dementia, Autism, Down Syndrome, Brain Injury.

TRANSPORTATION

Rides

Coulee Cab608-326-8888

LIFT - <http://swt-lift.org/>608- 930-2191

SMRT Bus1-877-444-6543
 Regional Transit Bus for Southwest Wisconsin www.ridesmrt.com

Gas Vouchers

Salvation Army (Prairie du Chien Police Department)608-326-2421

Vehicles

Couleecap Work-n-Wheels Program1-866-904-4508 or 608-326-2463

Provides zero interest vehicle loans & repair assistance to qualified low income households. Vehicle purchase and/or repairs must be related to employment. Program participants must agree to participate in ride share when possible.

Aging and Disability Resource Center (ADRC) of Eagle Country <http://www.adrceagle.org/>1-877-794-2372
Prairie du Chien Office608-326-0235

225 N. Beaumont Rd. Suite 117 Prairie du Chien, WI 53821;

- Offers transportation for residents age 60 and older to Senior Nutrition Sites, medical, shopping and social transportation trips. Contact ADRC for schedules.
- Offers transportation to elderly and disabled for shopping.

RESOURCES FOR THE AGING

- Aging and Disability Resource Center (ADRC) of Eagle Country <http://www.adrceagle.org/>1-877-794-2372
 Prairie du Chien Office608-326-0235
 225 N. Beaumont Rd. Suite 117 Prairie du Chien, WI 53821;
<http://crawfordcountywi.org/adrc/index.htm>
- Options Counseling for Long Term Care Services
 - Elderly Nutrition Programs (Meal sites, home delivered meals, nutrition intervention)
 - Elder Benefit Specialist
 - Disability Benefit Specialist
 - Dementia Care Specialist
 - AARP Tax Aide
 - National Family Caregiver Support Services
 - Wellness and Prevention Programs
 - Transportation
- Alzheimer’s & Dementia Alliance of WI.....608.723.4288 or 888.308.6251
support@alzwissc.org; alzwissc.org
 Crawford/Grant/Richland County Regional Office
 PO Box 363, 8820 Hwy 35/61S
 Lancaster, WI 53813
- The Alzheimer’s & Dementia Alliance of Wisconsin provides hope for people facing Alzheimer’s or other dementia diagnosis through education, support and personalized guidance, to understand the disease, to learn how to continue living a satisfying and rewarding life, and to plan for the future.
 - The Alzheimer’s Association offers 24/7 Helpline. Phone 1-800-272-3900 for help. To find further help and support, learn about Alzheimer’s and Dementia, or get involved please go to alz.org
- Social Security Office1-877-405-7841
 175 W Alona Ln Lancaster, WI 53813
- Social Security Administration <http://www.ssa.gov/>1-800-772-1213
- Medicare Information and Resources <http://www.medicare.org/>1-800-772-1213
- Wisconsin Medicaid for the Elderly, Blind or Disabled1-800-362-3002
<https://www.dhs.wisconsin.gov/medicaid/index.htm>
- Elder Abuse Hot Line 1-800-815-0015
- Disability Drug Benefit Helpline (Medicare Part D).....1-800-926-4862
- Respite Care Association of Wisconsin www.respitecarewi.org.....1-608-222-2033
- Unity Adult Daycare (Opportunity Center)608-326-6486
 Drop in care for a wide range of individuals
- Community Health Services Campus (Prairie Maison ~ Bluff Haven ~ LaBatisse)608-326-8471
 700 South Fremont Street, Prairie du Chien, WI 53821
 Community Health Services Campus includes Prairie Maison is a Skilled Nursing Facility, Bluff Haven Assisted Living and Residence at Bluff Haven is a multi-care level assisted living apartment complex connected to Prairie Maison. La Batisse is an independent apartment complex with all the support and services from CHSC

Assisted Living Resources

- <https://www.assistedliving.org/wisconsin/>
- <https://www.assistedliving.org/assisted-living-near-me/>
- <https://www.assistedliving.org/cost-of-assisted-living/>
- <https://www.assistedliving.org/senior-housing/>
- <https://www.assistedliving.org/independent-living/>

St. Peter Evangelical Lutheran608-326-6411
 Second 50 – A monthly social gathering of anyone 50 and older. Dates and times varies. Contact the church!

VOLUNTEER OPPORTUNITIES

People Actively Linked with Students (PALS) Mentoring Program of Crawford County is a program designed to help at-risk children develop personally and academically through a supportive, one-on-one, mentoring relationship. PALS has two components: school-based and community-based. High school students who serve as positive role models to younger, at-risk children comprise the school-based portion. PALS is offered in the North Crawford, Prairie du Chien, Seneca, and Wauzeka-Steuben School Districts; Big PALS meet on a weekly basis with their Little PALS with whom they are matched. The community –based portion provides volunteer opportunities for caring adults to commit to mentoring needy youth for a minimum of one year. Background checks for mentors is a mandatory requirement.

- Crawford County PALS Mentoring Coordinator.....608-326-0217

Clubs

- Seneca Lions Club---Pat Dearth, president, 608-279-2417---justcause15@hotmail.com
- Prairie du Chien Lions Club---Carol Crusan, Secretary, 608-412-3184---carolcrusan@gmail.com

Opportunity Center/Sharing Spaces Kitchen & Greenhouse.....608-326-6486

ADRC of Eagle Country – Prairie du Chien Office608-326-0235

MISSION STATEMENT: To provide older adults and people with physical or intellectual/developmental disabilities the resources needed to live with dignity and security, and achieve maximum independence and quality of life. The goal of the ADRC is to empower individuals to make informed choices and to streamline access to the right and appropriate services and supports.

- Volunteers needed for office help, rides for elderly or disabled, help at nutrition sites, ect. Please contact the ADRC of Eagle Country – Prairie du Chien Office at 608-326-0235 to inquire about any volunteer activities.

Volunteer Opportunities

- Prairie du Chien Main Street Program – 1608-485-0187; mainstreet.tammiek@gmail.com
Main Street is a non-profit, volunteer-based organization dedicated to strengthening downtown businesses, creating an inviting downtown and attracting visitors and local community members to historic Prairie du Chien. There are many volunteer opportunities to help make the historic downtown a great place to shop, live, work, and play.
- Driftless Development INC – 1-608-279-2293; driftlessdevelopment.carol@gmail.com
Driftless Development INC is the economic development organization for Crawford County. As a non-profit, volunteers are always needed to help achieve our goal of making Crawford County a place where families, schools, and businesses thrive together.

Mentoring Opportunities

- This following link will get you to a list of mentoring and group resources for children.
<https://docs.google.com/spreadsheets/d/1DaknepTeYq5NW4hGr8b7cmxqDxNNnTNV19xrhG5W-1M/edit?ts=5e5d5c10#gid=434803073>
- Driftless Development INC – 1-608-279-2293; driftlessdevelopment.carol@gmail.com
Driftless Development INC is the economic development organization for Crawford County. Be a Business Mentor. The business mentoring program offers local business owners, bankers, financial planners, lawyers an opportunity to work with entrepreneurs to start or grow a successful business.