

Crawford County Ag/Extension Committee Meeting
Crawford County Administration Building,
Room 215, Prairie du Chien, WI 53821
Thursday, May 5, 2022

Minutes

Mary Kuhn, Chair, called the meeting to order at 10:12 a.m.

Members Present: David Olson, Wayne Jerrett, Don Stirling and Owen DuCharme

Others present – In person: Adam Hady (Area Extension Director), Kathy Lange, Sheena Louise Cook-Fugslang, Karen Snitker. Zoom: None

Verify posting of Agenda by Mary

Wayne Jerrett left the room.

Approval of minutes – Don announced he was not present at the April 7 meeting. Motion by David, second by Owen to approve April 7 minutes with the correction of Don Stirling not being present. Motion carried unanimously. (April 7 minutes will reflect that correction)

Wayne Jerrett returned 10:18 a.m.

Mary announced Personnel approved filling the Community Development position for Extension to move forward with the hiring process.

University of Wisconsin Extension Items

Educators/Coordinators report:

Kathy Lange, FoodWise Educator serves the community in providing nutrition education. Kathy reports:

- Throughout March, Kathy presented FoodWise lessons at both the Opportunity Center and River Crest apartments, using the Around the Table curriculum. This is a newer curriculum that focuses on the emotional aspect of food - How we are feeling effects are food choices, portion sizes and activity level. This series of lessons allows for conversation of the link between food and mood. Recognizing these connections can lead to healthier choices and less impulse buying.
 - A large portion of these classes involves making a recipe or two together. Each group selected recipes that they would like to try and would be able to duplicate on their own. Participants took turns being the “head chef” for their recipe team. This promoted leadership and confidence building skills. Subjects covered in the series were: Food, Mood and Energy, Outsmarting the Grocery Store, Making Recipes Work for You, and What does it Mean? Understanding Food Labeling.

Ag and Extension Education Committee Related Items:

- Adam Hady, Area Extension Director
 - Adam reports, with the county’s approval of moving forward with hiring a full-time Community Development Educator, UW-Extension state is moving forward through the process.

Public Comments: none presented.

Date of next meeting: June 2, 2022. Room 215, 10:00 AM or immediately following the Fair Committee Meeting.

Motion by Don, second by David to approve payment of bills as presented; motion carried unanimously by roll call.

Correspondence – none presented

Adjournment: Motion by David, second by Wayne. Meeting adjourned 11:48 a.m.

Minutes submitted by Karen Snitker