

Aging & Disability Resource Center Board Meeting
August 27, 2015
Conference Room 130

The Committee was called to order at 9:30 a.m. on August 18, 2015 in Room 130 in the Crawford County Administration Building by Marge Sheckler. Present were members of the Aging Committee: Elling Jones and Kersten Rocksvold; members of the Advisory Committee: Eunice Key, Rodney Boardman, Nicky Penfield, June Leirimo, Karla Troester and Sandra Kirchner; and Director Jeanne Christie and Jeanne Palmer, Administrative Assistant.

Marge Sheckler verified the posting of the agenda.

Motion made by Sandra Kirchner to approve the minutes of the June 18, 2015 meeting. Motion seconded by Eunice Key. Motion carried.

Secretary/Bookkeeper Report: Jeanne Palmer presented the secretary/bookkeeper report. The Home Delivered Meal Program served 171 clients YTD (October 2014-June 2015) with 2,196 meals for the month of June and 18,449 meals YTD compared to 17,797 meals served during the same period last year. The total contribution received in June 2015 was \$5,237.75 and YTD (Oct 2014-June 2015) of \$57,581.62, compared to \$60,775.55 received during the same period last year. This makes the current average contribution per meal during this quarter of \$3.14.

The Congregate Meal Program served 1,179 meals during the month of July 2015 and 11,419 YTD (October 2014 to July 2015) which is 124 less meals served than the 11,295 served last year during the same period. The total contribution received in July was \$3,279.00 and \$32,348.05 YTD, which is a \$296.39 less during the same period last year. This makes the current average contribution per meal \$2.78.

The Transportation Program provided a total of 4,324 one way trips YTD (October 2014 to July 2015). Transportation contributions YTD totaled \$5,741.10. This is an increase of \$578.97 during the same period last year. One of our bus drivers retired during the month of July. A replacement was found and is currently on the schedule.

Advocacy:

- The Office of the Governor signed a Proclamation proclaiming September 2015 as the 50th Anniversary of the Older Americans Act (OAA).
- The Office of the Governor also signed a Proclamation proclaiming September 2015 as Fall Prevention Awareness Month and further proclaims Wednesday, September 23 as Fall Prevention Awareness Day.

Director's Report:

- Kelli Brooks and Jill Olson participated in an educational presentation for seniors at McDonald's. Those presenters attendance were the ADRC, Law Enforcement, Prairie Maison and Gundersen Health 500 Club. About 20 seniors were present
- The Falls Prevention class at Rivercrest in Gays Mills is coming to an end. Falls Prevention is evidence-based prevention program. The program includes guest speakers such as pharmacist, optometrist, and physical therapist, and community safety expert. There were 12 people in attendance.
- Jeanne Christie informed the board of two surveys that are coming out in September.
 - One is from Medicare Current Beneficiary Survey (MCBS). The will be selecting 16,000 people randomly to represent the Medicare experiences of other Medicare beneficiaries all over the United States. If you take part in this study a specially trained interviewer from NORC at the University of Chicago, will come to your house. The interviewer will ask you questions about the health care services you use, your opinion about those services, and how much they cost.
 - The other one Greater Wisconsin Area Agency Resources has been selected to participate in the Administration of Community Living's (ACL/AoA) National Survey of Older Americans Act Participants. This is a telephone survey of individuals who had used certain OAA Title-III programs in our planning and service area at some point in 2014.
- The ADRC and its services was highlighted in the *Crawford County Independent* as well as a special edition called the "Prime of Life" that also ended up in the Dubuque Herald and other area newspapers.

- The regional ADRC offered a Medicare Part D training for Nursing Home Staff at the Richland ADRC office; staff from Crawford, Juneau, Richland and Sauk County nursing homes were invited.
- A meeting was held in Richland Center with regional ADRC managers, Public Health representatives, Alzheimer's Association and Alzheimer's Alliance representatives, as well as staff from the Wisconsin Alzheimer's Institute and representatives from DHS. The Wisconsin Alzheimer's Institute has some money to help rural areas create coalitions to develop dementia friendly communities. As a result of this meeting a map of Alzheimer's Association and Alzheimer's Alliance service areas will be created. We were able to identify who the contacts are in the region and what they do.

Aging & Disability Resource Center

Nursing Home Outreach: Cris Glawe and Becky Dahl, Regional Manager, meet with the Social Workers at Prairie Maison Nursing Home to establish a working relationship. Kelli Brooks, Emily Johnston and Becky Dahl will be visiting the Sannes Skogdalen Nursing Home in the near future.

CARRN Medication Management Research Study

UW-Madison School of pharmacy is putting together a grant to study the reduction of falls based on the management of certain medications that have been shown to increase the likelihood of falls. The grant will be a three year proposal that involves rural pharmacists calling individuals one on one in order to reduce falls through the management of medications. The roll of the region would be to have a study coordinator and help recruit people to participate in the study. The ADRCs could then refer individuals to the study. The grant is in the process of being written and the project will not start until spring of 2016

Aging Program/Nutrition/Transportation:

County Aging Plan 2016-2018 and Aging Plan Public Hearing: The draft of the County Aging Plan was presented to and reviewed by the Committee. Motion made by Eunice Key to approve the draft plan for the County Aging Plan 2016-2018 pending the outcome of the Public Hearing, seconded by June Leirmo. Motion carried unanimously.

Nutrition Cost Allocation Proposed Increase: Jeanne Christie sent a letter to ContinUs regarding the price increase of the home delivered meals. The price of the home delivered and congregate meals were also discussed.

Nutrition Contracts: The current contracts with meal providers expire December 31, 2015. New RFP's will be drafted and sent out for bid proposals.

Alzheimer's/Dementia Summit/Presentation: On September 22, 2015 there will be two meetings held with the Alzheimer's Association in the Crawford County Administration Building. The first meeting will be a stakeholders meeting at 11:00 a.m. to discuss possible Dementia Friendly Community initiatives in Crawford County. At 1:30 p.m. there will be a presentation to the general public on "Effective Communication Strategies."

Alzheimer's Video: A short video was shown to the Committee on "Small Changes Help Make a Community Dementia Friendly."

Summer Picnic: The Summer Picnic was held on July 23, 2015 at the Seneca Town Hall. Fifty people were in attendance. A needs assessment survey for the 3-year Aging Plan was distributed to participants to in attendance.

Approval Payment of Bills: Motion made by Kersten Rocksvold to approve the payment of the bills as submitted, seconded by Elling Jones; motion carried.

Public Comment according to Wis. Stats. 19.832(2) and 19.84(2): No public comment.

Set date for next meeting and adjourn: The date of the next meeting is scheduled for Wednesday, September 30, 2015 at 9:30 a.m. the County Administration Building, **Room 130** with the County Board of Supervisors meeting at 9:00 a.m. to approve the bills. Motion made by Rodney Boardman to adjourn the meeting, second by Kersten Rocksvold. Motion carried.

Respectfully submitted, Jeanne Palmer, Administrative Assistant